



Harry C. Moore Basketball Classic Honoree Coach Mike Rosas

43 Years of Service, 35 years with Saturday Basketball



Rosas' Years Coaching

High School Basketball	20
High School Baseball	6
High School Football	30
Little League Basketball	35
Little League Baseball	19
Sports currently coaching	3
Total Years coaching basketball	43



Rosas (bottom far right) enjoyed basketball as a youth, and went on to take over the reins of Capac Little League from former HCM Honorees Don Seidell and Carl Lang.

The Harry C. Moore Scholarship family would like to honor veteran Capac coach Mike Rosas for his significant contributions to Capac Athletics and the Capac Basketball tradition. Currently the Junior Varsity Basketball Coach, Coach Rosas has been coaching basketball at all levels for over 43 years. He ran the Saturday Capac Little League Basketball program for 35 years, taking over the reins from former HCM Honorees Don Seidell and Carl Lang and ensuring its continued success. Rosas is responsible for continuing the tradition of basketball at Capac, and shaping the lives of many young people.

Rosas grew up in Capac, the son of Micaela and Margarito Rosas, Jr. He has three brothers and three sisters -- Abel, Raul, Rudy, Francis, Yolanda, and Ernestine. Coach Rosas and his wife Margie live in Capac, and have one daughter Melinda Rosas Torza, a first Sargent in the U.S. Marine Corps. Melinda lives with her husband, David (a Gunnery Sargent in the USMC) and daughters Divine and Devline in Temecula, California.

A 1972 graduate of Capac High School, Mike Rosas was a four year Varsity player in both baseball and football. He played one year of basketball, before an injury sidelined him. "During school, I had Harry for American History -- one of my better classes. He always brought stuff in -- he was one of the better teachers that we had." Rosas went on to say, "During my high school career, I was surrounded

by some great athletes, including (former HCM Honoree) Jim Seidell, George Chernenko, as well as Jim Gottschalk and Dave Schwartzkopf. Even back in the day, (former HCM Honoree) Ricky (Ray) Hawks remembers me being up at the ball park all the time, and serving as their bat boy. I was always at the school for some sporting event. Nothing much has changed!"

Rosas went on to work at General Motors, retiring in 2003 after 31 1/2 years. "I was very lucky to coach these sports. I always had a supervisor who would support me by allowing me to coming in at 3:30 or 4:30 in the morning and get out at 1:30 in the afternoon in time to make it to practice. General Motors had a lot to do with me being able to coach and I appreciate that."

Although retired from General Motors, he still coaches and plays a ton of golf. "Harry (Moore) was always a stickler about doing things right. He was one of the first people I talked to about coaching. I sat on the bench with (former Capac Coach) Don Smith. When I graduated and wanted to get into coaching, Harry was Athletic Director and talked to me about how to handle kids, and what to look for. Harry told me to 'instill pride in the kids, always work hard, don't get mad at the kids. Talk to them harsh, but never criticize them and make sure you show them what they are doing right/wrong'."

Rosas went on to say, "Harry Moore and Don Smith taught me a lot about coaching -- treat kids right and show them a little respect and they will always play hard for you. I learned a lot from scouting for them, traveling to games to scout for the Varsity programs through the years -- Coaches Montgomery, Olde, Perryman, and beyond. They (Moore and Smith) just liked to talk the game. I learned a lot."

Coach Rosas is grateful for the hard work the kids have put into Capac Athletics. "In Capac Basketball, we always talk about the athletes -- but for me it's been about the parents. I have been lucky to have great parents -- I've never had someone who came back to me about them not being treated right or playing time. I have a great respect for the parents of the athletes that I have had -- they know where I'm coming from. I think I was harsher on my brother and daughter! But most of all, I appreciate the parents for letting me be a part of their lives when I'm coaching their kids."

Please join us in honoring veteran Coach Mike Rosas for his many contributions to Capac Basketball and Capac Athletics.

